## **Halberg**Foundation



## **Meet Jensen Bringins**

Thirteen-year-old Jensen Bringins from Southland has developed a new-found level of independence and confidence thanks to a Halberg Activity Fund grant for a trike.

The Dipton School student has cerebral palsy and wanted to be able to ride independently alongside his family and friends.

Jensen trialed the recumbent trike, which proved to work extremely well in allowing him to sit comfortably and put him in the best position to propel himself freely.

Since receiving his own trike from a Halberg Activity Fund grant, Jensen and his family have been able to set off and have their own adventures together.

"It was really fun to go biking with my family," Jensen says.

The Winton local is also now getting stronger in his left leg. Jensen's dad, Jonathan, says that this was displayed recently in a cross country race at his rural school, where he managed to come second and ran the entire course!

"The ability for Jensen to not feel that he is unable to take part in a family activity has had a very positive effect on his mindset. He has an activity that he can take part in, both in a group and on his own, that helps him learn about responsibility and perseverance," Jonathan says.

