

# Halberg Foundation

## Meet Natasha Hasler

Twenty-two year old Natasha Hasler from Canterbury says her life has changed for the better since receiving a trike from a Halberg Activity Fund grant last year.

The Christchurch local has a congenital below right elbow amputation and was advised to get in contact with Halberg from Trikes New Zealand to enquire about funding for a trike.

Natasha says she has never been an outdoors person and found it hard to participate in group sports but since receiving her trike she is outside every day going for a ride.

“It feels amazing. I never want to get off my trike,” She says.

Natasha loves that she can now participate in a sport even if she bikes solo. She and her sister now get together often for a bike ride, which Natasha says is really special to her. She is out in the community more which has benefitted her mental and physical health immensely.



**Thanks to the Eagles Golfing Society of Canterbury  
for your support of the Halberg Foundation**