HalbergFoundation



Meet Tarik Williams

12-year-old Tarik Williams now has the confidence to take part in swimming lessons, thanks to an Activity Fund grant from the Halberg Foundation.

The Westport local has cerebral palsy, a condition that means he needs some extra assistance to do sports and activies.

Previously Tarik had joined group swimming lessons, however he found it too difficult to keep up with his peers.

With the support of the Halberg Foundation, Tarik has been able to receive one-on-one swimming lessons, with coach Stacey.

Tarik's mother Ange has seen a huge improvement in Tarik's water confidence and swimming ability since he began the individual lessons.

